

## Year 8 Camp Equipment List



Each student is expected to have adequate personal gear, appropriately marked with their name. Sunhat, sunscreen, and long clothes that cover skin are essential, but students must also be prepared for cold weather. Weather conditions can be erratic and unpredictable! Wool or synthetic clothing (not cotton) is recommended for warmth as it retains heat even when wet. If you would like to discuss ways to source equipment and keep costs down, please call or email the Outdoor Education department – we are more than happy to share tips.

<u>Willimum Gear List</u>		
	Raincoat (with seam sealing and hood) Waterproof rain pants Sleeping Bag (0°C to -5°C rating recommended) Sleeping mat (inflating mat or high-density foam	<ul> <li>5 changes of underwear</li> <li>1 pair of sturdy walking shoes or boots (worn in)</li> <li>Lightweight shoes for around camp (must be enclosed)</li> </ul>
	mat) eg- Sea to summit, Thermarest, Exped. <b>No</b>	Towel (ideally quick drying)
	airbeds or yoga mats	Toiletries (toothpaste and brush, sunscreen,
	Warm bag – to be stored in a waterproof bag	insect repellent, soap for KK shower – <b>no wipes</b>
	(zip-lock or dry bag)	☐ Eating equipment – bowl, mug, cutlery and tea
	1 thermal top and pants	towel in a storage bag
	→ Beanie	Head Torch (plus spare batteries)
	→ Gloves	3 x 1L water bottle
_	→ Warm socks	4 large garbage bags
	2 woollen or polar fleece jumpers	Small light weight book or pack of cards
	(NO cotton jumpers or hoodies)	Face mask to wear on bus trips
	Sunhat (broad brim if possible)	
	Sunscreen minimum 30+ and lip cream	For canoeing
	2 active-wear T-shirts	1 long sleeve rash top or collared shirt
	1 long sleeved top with collar	<ul><li>1 pair of skins, thermals or lightweight pants</li></ul>
	1 pair of quick-dry shorts	(must cover legs for sun protection)
	1 pair of light weight straight-leg long (hiking)	Swimmers and board shorts
	pants, e.g. nylon tracksuit pants (not jeans or	Buff or neck covering for sun protection
	leggings)	<ul><li>Old pair of shoes or water booties</li></ul>

## **Equipment Purchases**

2-3 pairs of socks (merino is best)

We have an arrangement with some of the shops on Kent St (Trek & Travel, Mountain Equipment and Paddy Pallin) where students can buy equipment at a minimum of 15% off normal recommended retail prices. Students can also get a discount at Decathlon in Tempe. To take advantage of this, students will need to present their student card.

## Medications

If you are on any prescribed medication, please ensure all appropriate information is provided on the medical form and your group leader is informed. Please send any regular medications your child is taking to camp with them, and ensure they are labelled. If you would like staff to be responsible for administering medication, please get in touch with us. Staff are happy to give reminders to take medications. Medications such as Panadol, Nurofen or antihistamines should not be sent with students. Staff at Kirrikee have access to such medication if they are needed.

## **Do Not Bring to Camp**

Thongs or sandals
Chewing gum
Aerosol cans (must be roll on)

Weapons or any kind Energy or soft drinks/junk food Any item contrary to school rules Mobile phones/tablets/devices Overly valuable belongings