



## Year 7 Camp Equipment List



This document outlines the minimum equipment required for a student on our camp program. Each student is expected to have adequate personal gear, **appropriately marked with their name**.

Sunhat, sunscreen and long clothes that cover skin are essential, but students must also be prepared for **cold** weather. **Weather conditions can be erratic and unpredictable!** Wool or synthetic clothing (not cotton) is recommended for warmth as it retains heat even when wet. If you would like to discuss ways to source equipment and keep costs down, please call or email the Outdoor Education department – we are more than happy to share tips. Many of the items on this list will be used each year on camp so should be considered an investment for the next four years of Outdoor Ed trips.

To travel to and from Kirrikee, please pack students gear into a duffel bag or small suitcase.

### Minimum Gear List

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Raincoat (with seam sealing and hood)</li> <li><input type="checkbox"/> Waterproof rain pants</li> <li><input type="checkbox"/> Sleeping Bag (0°C rating recommended for future programs, however 5-10°C will suffice for this trip)</li> <li><input type="checkbox"/> Sleeping mat (inflating mat or high-density foam mat) eg- Sea to summit, Thermarest, Exped.</li> <li><input type="checkbox"/> Warm bag – a waterproof bag (zip-lock or dry bag) with the following items:             <ul style="list-style-type: none"> <li><input type="checkbox"/> 1 thermal top</li> <li><input type="checkbox"/> 1 thermal pants</li> <li><input type="checkbox"/> Beanie</li> <li><input type="checkbox"/> Gloves</li> <li><input type="checkbox"/> Warm socks</li> </ul> </li> <li><input type="checkbox"/> 2 woollen or polar fleece jumpers (NO cotton jumpers or hoodies)</li> <li><input type="checkbox"/> Sunhat (broad brim if possible)</li> <li><input type="checkbox"/> Sunscreen minimum 30+ and lip cream</li> <li><input type="checkbox"/> 2 active-wear shirts</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> 1 long sleeved shirt with collar</li> <li><input type="checkbox"/> 1 pair of quick-dry shorts</li> <li><input type="checkbox"/> 1 pair of light weight long straight-legged (hiking) pants. Nylon tracksuit pants are ok (not jeans or leggings)</li> <li><input type="checkbox"/> 3 pairs of thick socks</li> <li><input type="checkbox"/> Changes of underwear</li> <li><input type="checkbox"/> Swimmers, rashie and board shorts</li> <li><input type="checkbox"/> Swimming/water shoes (enclosed toe)</li> <li><input type="checkbox"/> 1 pair of good walking shoes (must have good sole)</li> <li><input type="checkbox"/> Towel</li> <li><input type="checkbox"/> Toiletries</li> <li><input type="checkbox"/> Head Torch (not hand held)</li> <li><input type="checkbox"/> 2 x 1L water bottle</li> <li><input type="checkbox"/> 4 large garbage bags</li> <li><input type="checkbox"/> Eating equipment – bowl, mug, cutlery and tea towel in a storage bag</li> </ul> |
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### Equipment Purchases

We have an arrangement with some of the shops on Kent St (Trek & Travel, Mountain Equipment and Paddy Pallin) where students can buy equipment below recommended retail prices. Students can also get a discount at Decathlon in Tempe. Students should inform store staff when purchasing equipment.

### Medications

If you are on any prescribed medication, please ensure all appropriate information is provided on the medical form and your teacher is informed. Please send any regular medications your child is taking to camp with your teacher, and ensure they are labelled in a zip log bag. Medications such as Panadol, Nurofen or antihistamines should not be sent with students. Staff at Kirrikee have access to such medication if they are needed.

### Do Not Bring to Camp

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| <ul style="list-style-type: none"> <li>× Thongs or sandals</li> <li>× Chewing gum</li> <li>× Aerosol cans (must be roll on)</li> </ul> | <ul style="list-style-type: none"> <li>× Weapons or any kind</li> <li>× Energy or soft drinks/junk food</li> <li>× Any item contrary to school rules</li> </ul> | <ul style="list-style-type: none"> <li>× Mobile phones/tablets/devices</li> <li>× Overly valuable belongings</li> </ul> |
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