



ST ANDREW'S  
CATHEDRAL SCHOOL

## Variation to Winter Sport Guidelines and Request

St Andrew's Cathedral School believes wholeheartedly in the value of sport within the development of young people. There is strong evidence that states sport can lead to increased academic performance. It is also a great opportunity to build friendships and gain understanding of the concept of team. Winter sport, as a result, is compulsory and is part of the agreement that parents and students make with the school at enrolment. There are some students who have significant other commitments. It is possible for a parent to seek a variation to compulsory Winter Sport and instructions are provided below.

Please note the following:

1. **As stated above, there is a signed contract on enrolment between the family and the school, acknowledging that school sport is compulsory and is a condition of enrolment.**
2. **Variation/Exemption can be offered but may be conditional.**
3. **There needs be substantial evidence outside of the family unit provided at the time of application. This should include documented training/competition time and contacts for SACS staff to speak with.**

### **Variations may be granted in the following cases but not necessarily:**

- i. *Substantial **high level/selective** Sport/Activity Commitments either in the school and/or external **that prevents the student from being a full part of the St Andrew's program. This should include an identified progression to higher levels of standard. Examples may include:***
  - a. *Gymnastics involving significant training times of more than 4 sessions per week.*
  - b. *Music or choir/chorister involvement similar to the above.*
- ii. *Injury/Illness: A medical form from a registered doctor is required.*

### **Exemptions may be granted in the following cases:**

- iii. *State/National member or in a National High-Performance Unit.*

Note that this **does not** include attendance at a state event, which does not involve membership of a training squad. E.g., part of a club team competing at a state event. Full supporting documentation is required from external sources and not from parents.
- iv. *Injury/Illness: A medical form from a registered doctor would be required.*
- v. *Medical Exemption*
  - Written application to be received with full supporting documentation from external sources eg, doctor, psychologist and not from parents.

All variations or exemptions require full supporting documentation from external sources, eg training organisation, music department etc

**Process of Application: - Please note students must continue with sport until such time as a variation/exemption application has been approved in writing.**

1. Sign up to a winter sport via the online registration
2. Application to be made in writing to Head of Sport via the proforma below. **(Note: An application without supporting documentation will not be reviewed)**
3. The Head of Sport reviews and determines whether further discussion is required with the Director of Sport and Co-curricular, Deputy Head of School and/or Head of Middle School and/or the Head of Senior College.
4. Further discussion may occur by phone, email or in person.
5. You will receive a reply in writing or by email regarding whether your variation/exemption request has been successful or not.
6. If the variation/exemption is not granted, a parent may appeal to the Head of Sport. Further discussion may take place between Parent, Head of Sport, Director of Sport and Co-curricular, Deputy Head of School and Head of Division/Deputy Head of School as required.
7. **The variation/exemption remains in place for the requested winter sporting period. New variation/exemption requests are required annually.**

# Variation Exemption Request for Winter Sport

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Student name: \_\_\_\_\_

Parent making submission: \_\_\_\_\_

Parent email contact: \_\_\_\_\_ Parent phone number: \_\_\_\_\_

*Note: Contact from the office will primarily be via email.*

Year group next year: \_\_\_\_\_

Previous Years Winter Compulsory Co-curricular: \_\_\_\_\_

## Reason/s for Variation/Exemption Request:

***Note that you are required to provide documentary evidence to support your request. This should include evidence from the training academy. Parent e-mail or single coach statements are not enough. (The exemption request will NOT be considered without the required supporting documentation)***

- Medical Exemption (Medical Certificate required)

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- Is there a winter sport activity that the student could participate in? Why/Why not?

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- Have you any ideas on how the student could participate in the schools' winter sport while also doing their other activity? Eg a modification to what is required.

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- Is there a winter co-curricular activity that the student could participate in that may not meet the normal compulsory Winter sport guidelines that the student could do? Explain.

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- Is the student a member of State or National Training Squad (Activity/Sport)

\_\_\_\_\_

- Other: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Number of Hours training per week (breakdown days/hours): \_\_\_\_\_

\_\_\_\_\_

Number of Hours of game play per week (breakdown days/hours): \_\_\_\_\_

\_\_\_\_\_

List the State / National Competitions attended per year outlining location, dates and duration.

Competition	Location	Dates / Duration

***Note that the above table should be completed with supporting documentation.***

***If there is any other supporting documentation, please provide further information.***

**ONCE COMPLETED PLEASE EMAIL TO BEATRICE CODDINGTON [bcoddington@sacs.nsw.edu.au](mailto:bcoddington@sacs.nsw.edu.au) FOR CONSIDERATION. PLEASE CHECK LETTER FOR DUE DATE.**

Approved / Not approved: \_\_\_\_\_ Date: \_\_\_\_\_